



# From *bucket list* TO BUCKET WHEEL



## GIVEAWAY

I would be delighted to share our Bucket Wheel diaries. Email [info@kimpotgieter.co.za](mailto:info@kimpotgieter.co.za) – the first two emails to land in my inbox will receive one.

HAVE YOU GIVEN ANY THOUGHT TO WHAT WOULD REALLY MAKE YOU HAPPY? FINANCIAL LIFE PLANNER, ACCREDITED LIFE COACH AND AUTHOR KIM POTGIETER BELIEVES YOUR LIFE BEFORE AND DURING RETIREMENT SHOULD NOT BE ONLY ABOUT WHAT YOU WANT TO DO, BUT ABOUT WHO YOU ARE

**A**re you living your dream life? Do you feel as if your life is a grand adventure? Does your money support the goals you have for your life?

Your life has everything to do with you and what resonates with you; it's about your dreams. It's about allocating your money – and your time – to things that are important to you. Your journey is an individual one, with twists and turns, ups and downs, but most of all, it should also be filled with things that make you happy. Your money should be structured in such a way as to enable the life you envision for yourself.

Most of us really are just too busy doing things – so busy that we don't have time left to enjoy things. We are constantly chasing deadlines, caring for other people, looking after things, creating things, and our list of things to get done is never-ending.

And then something happens – a wake-up call, the universe's way of sending you a message, reminding you that time is short and that you should enjoy life while you still can. Sometimes these messages reach us via friends or loved ones – a cancer scare, an unexpected illness, a car accident. And for a short time, we try – we really do. And then, as the urgency passes, our busy schedules take over again.

If your life is so over-extended, so busy and constantly humming with things to do, perhaps it's time to start making changes.

The internet is filled with 100+ ideas of what to do before you die, where to go before you "go", things not to miss out on. The movie *The Bucket List* portrays a race against time to get

things done. But it does touch on one very important point: two complete strangers find they have two things in common, a need to come to terms with who they are and what they have done with their lives. And yes, there is also the desire to complete a list of things to do and see before they "kick the bucket".

The question is: are you waiting for death to come knocking on your door before you spend money, time and energy on filling your life with things that are important to you?

While the traditional idea of the bucket list is helpful in that it focuses you on tangible objectives you want to meet in order to live life to the full, it generally conjures up ideas of things to do. I believe your life before and during retirement should not only be about what you want to do, but about who you are. That's why I prefer calling it the Bucket Wheel®.

The point of the Bucket Wheel is to direct your energy towards what matters most. It focuses on living a balanced and fulfilled life, and it urges you to invest time and energy into eight areas of your life: work, give-back, relationships, money, learning, health, purpose and play. In essence, the Bucket Wheel integrates the idea of balance with your bucket list.

And the best part? Your Bucket Wheel is the best indicator of what money you will need and how your money needs to work for you. This becomes your blueprint, your plan for life. And it is this wheel that you can discuss with your financial planner to ensure that your money enables your dreams and ambitions.

As you feel you've accomplished something on your Bucket Wheel, revisit it, slotting in new goals as you go. It is a constant reminder of what's important to you, while at the same time ensuring that you are mindful of all the important aspects of a balanced life.



TAKE THE BALANCE TEST - IF YOU WOULD LIKE TO SEE HOW BALANCED YOUR LIFE IS, CLICK HERE TO ACCESS THE BALANCE TEST:  
[HTTP://RETIRESUCCESSFULLY.CO.ZA/WHEEL-BALANCE/](http://retiresuccessfully.co.za/wheel-balance/)